

Attachment 7 – 2016 MS Swim Guide
Michigan Swimming, Inc.
2016 Short Course 13-14 & Open State Championship Meet Standards (Q1 Times)

Qualifying Period: January 1, 2015 to Entry Deadline

Posted April 2015

GIRLS			EVENT	BOYS		
LCM	SCM	SCY	13-14	SCY	SCM	LCM
29.59	28.99	25.99	50 Freestyle	24.49	27.39	27.89
1:03.69	1:02.59	56.29	100 Freestyle	53.29	59.29	1:00.29
2:18.19	2:15.29	2:02.09	200 Freestyle	1:56.69	2:09.39	2:12.09
4:55.39	4:47.49	5:31.39	500/400 Freestyle	5:17.49	4:35.39	4:42.99
10:07.69	9:55.49	11:26.59	1,000/800 Freestyle	11:19.19	9:49.09	10:01.09
19:41.29	19:08.59	19:23.49	1,650/1,500 Freestyle	18:55.89	18:41.39	19:13.19
1:12.89	1:10.69	1:03.59	100 Backstroke	1:01.19	1:07.99	1:10.09
2:36.69	2:32.69	2:17.39	200 Backstroke	2:12.49	2:27.19	2:31.09
1:22.99	1:21.19	1:12.99	100 Breaststroke	1:07.89	1:15.49	1:17.19
3:00.89	2:58.59	2:40.59	200 Breaststroke	2:30.09	2:46.99	2:49.09
1:11.49	1:10.49	1:03.39	100 Butterfly	59.69	1:06.39	1:07.29
2:44.19	2:42.59	2:26.29	200 Butterfly	2:18.39	2:33.79	2:35.39
2:39.99	2:35.79	2:20.29	200 Individual Medley	2:12.39	2:26.99	2:30.99
5:44.19	5:34.69	5:01.49	400 Individual Medley	4:45.29	5:16.69	5:25.69
4:36.99	4:30.99	4:03.99	400 Freestyle Relay	3:57.99	4:23.99	4:29.99
10:01.89	9:49.99	8:51.99	800 Freestyle Relay	8:41.99	9:38.99	9:50.99
5:03.99	4:55.99	4:25.99	400 Medley Relay	4:24.99	4:54.99	5:02.99

GIRLS			EVENT	BOYS		
LCM	SCM	SCY	OPEN	SCY	SCM	LCM
28.59	28.09	25.19	50 Freestyle	22.79	25.49	25.89
1:01.69	1:00.59	54.49	100 Freestyle	49.59	55.19	56.19
2:13.99	2:11.19	1:58.39	200 Freestyle	1:49.39	2:01.29	2:03.79
4:44.69	4:37.01	5:19.39	500/400 Freestyle	4:59.29	4:19.59	4:26.79
9:58.99	9:46.99	11:16.79	1,000/800 Freestyle	10:39.79	9:14.89	9:26.79
19:11.39	18:39.59	18:54.09	1,650/1,500 Freestyle	18:10.49	17:56.59	18:27.19
1:10.59	1:08.49	1:01.59	100 Backstroke	57.09	1:03.49	1:05.49
2:30.99	2:27.09	2:12.39	200 Backstroke	2:04.39	2:18.29	2:21.89
1:20.79	1:19.09	1:11.09	100 Breaststroke	1:05.19	1:12.49	1:14.09
2:55.29	2:53.09	2:35.59	200 Breaststroke	2:23.39	2:39.49	2:41.49
1:08.99	1:07.99	1:01.19	100 Butterfly	55.49	1:01.69	1:02.59
2:36.39	2:34.79	2:19.29	200 Butterfly	2:08.79	2:23.09	2:24.59
2:34.19	2:30.09	2:15.19	200 Individual Medley	2:03.59	2:17.19	2:20.99
5:31.79	5:22.59	4:50.59	400 Individual Medley	4:32.09	4:52.59	5:10.69
4:17.99	4:12.99	3:47.99	400 Freestyle Relay	3:29.99	3:52.99	3:57.99
9:24.99	9:12.99	8:18.99	800 Freestyle Relay	7:43.99	8:34.99	8:44.99
4:59.99	4:50.99	4:21.99	400 Medley Relay	4:04.99	4:31.99	4:39.99

Athletes who have swum a time equal to or faster than the time in any event listed here (in any Course) during the qualifying period are qualified to swim the event at this meet.